2026 NCAA DIII MEN'S & WOMEN'S CROSS COUNTRY REGIONALS

EVENT PARKING INFORMATION

Parking for Teams/Volunteers/Event Staff - will be onsite at The Course. There will also be limited ADA parking on-site. Athlete & spectator drop-off is allowed; those cars/buses will be routed to the satellite lot after dropping off. Team buses will have a designated parking area at the satellite lot.

THE COURSE SPOKANE VALLEY
2520 N FLORA RD
SPOKANE VALLEY, WA 99216

Parking for Spectators- All spectator parking will be located at the Spokane Valley Commons located at 2818 N Sullivan Rd. Spectators can park their car and ride a quick 5-minute complimentary shuttle to The Course Spokane Valley. Shuttle services will begin at 9:30am and the last bus will leave The Course at 2:00pm. Buses will depart both venues every 10 minutes. Spectator drop-off at The Course is allowed; those cars will then be routed to the satellite lot after dropping off. There will be signage upon arrival to guide fans to the off-site parking lot and shuttle access.

SPOKANE VALLEY COMMONS SATELLITE PARKING
2818 N SULLIVAN RD
SPOKANE VALLEY, WA 99216

STA Transit- Getting to The Course just got easier! Spokane Transit Authority's new Route 307 provides convenient service from Mirabeau Transit Center directly to The Course, with buses running every 15 minutes. Park at Mirabeau Transit Center or walk from your hotel and let STA take you to the event!

THE COURSE SPOKANE VALLEY

Spokane SPORTS

Youth 18 and under ride free, and adult fare is just $2 per trip, making Route 307 an easy and affordable option for event-day transportation.

*THIS IS FOR SATURDAY ONLY